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## **Andrew Washington and Bobby Johns Named Boys' Weightlifter and Coach-of-the-Year**

GAINESVILLE (June 24) --- Andrew Washington of Gainesville Eastside High School has been named the 2009 Florida Dairy Farmers Boys' Weightlifter-of-the-Year.

Washington won the Class 2A 154-pound state title with a 335-pound bench press and a lift of 265 pounds in the clean & jerk for a total weight of 600 pounds. He finished first in his weight class by 25 pounds, lifting a combined total of close to four times his body weight.

Bobby Johns of Baker County High School was named the 2009 Boys' Weightlifting Coach-of-the-Year. Coach Johns led Baker County to the Class 1A state title with 34 points.

"Florida's dairy farmers congratulate Andrew and Coach Johns for a job well done and we salute them with a milk toast," said Matt Lussier, a Gainesville area dairy farmer. "We take a lot of pride in watching winners such as Andrew and Coach Johns represent our industry and this award in such a positive manner and we wish them continued success."

This is the 17<sup>th</sup> year of the Florida Dairy Farmers Sports Awards program which exemplifies Dairy Farmers Inc.'s commitment to the state's youth. While honoring the state's top athletes and coaches in all 26 FHSAA-sanctioned sports, the program also emphasizes to young people the importance of keeping dairy products a primary part of their diet in their overall nutrition plan.