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*America's longest-running program  
recognizing excellence in high school athletics*

## **Longwood Lyman, Miami Gulliver Prep Bowlers Earn Top Honors**

GAINESVILLE (Dec. 18) --- Spencer Shumway of Longwood Lyman High School and Ana Koff of Miami Gulliver Preparatory School have been named 2009 Florida Dairy Farmers Bowlers of the Year.

Shumway won the boys' state bowling title winning two-of-three games with 753 pins. Koff took the girls' title by sweeping her opponent in two games with 415 pins.

Patrick Monahan of Daytona Beach Mainland High School won Dairy Farmers Boys' Coach of the Year honors with his team winning the state championship in a playoff. Kathryn Sanders of Lantana Santaluces High School won Girls' Coach of the Year honors, leading her team to an undefeated match record and the state championship.

The Florida Dairy Farmers Sports Awards program exemplifies Dairy Farmers, Inc.'s commitment to the state's youth. While honoring the state's top athletes and coaches in all 26 FHSSA-sanctioned sports for the 18<sup>th</sup> consecutive year, the program also emphasizes to young people the importance of keeping dairy products a primary part of their diet in their overall nutrition plan.