



*America's longest-running program
recognizing excellence in high school athletics*

**Plantation American Heritage's Tan Named
2009 Florida Dairy Farmers Boys' Swimming Coach-of-the-Year**

Gainesville (Jan. 26) ---Nobutaka Tan of Plantation American Heritage High School was named the 2009 Florida Dairy Farmers Boys' Swimming Coach-of-the-Year following a final round of voting by a statewide panel of high school swimming coaches.

Tan is the 18th winner of the annual award sponsored by Dairy Farmers, Inc. and the Florida Athletic Coaches Association to honor the top high school boys' swim coach for the 2009 season.

Tan was named as the Coach-of-the-Year by leading American Heritage to a second place finish at the Class 1A state championship with 214 total points. Tan, who was earlier selected as the Class 1A Swimming Coach-of-the-Year, finished ahead of David Booher of Miami Palmetto, the 3A Coach-of-the-Year and Kirk Peppas of Miami Belen Jesuit, the 2A Co-Coaches-of-the-Year.

The Florida Dairy Farmers Sports Awards program exemplifies Dairy Farmers, Inc.'s commitment to the state's youth. While honoring the state's top athletes and coaches in all 26 FHSSA-sanctioned sports for the 18th consecutive year, the program also emphasizes to young people the importance of keeping dairy products a primary part of their diet in their overall nutrition plan.