



School Smoothie Base Recipe

Base smoothie recipe yields 50 - 2 cup servings

Equipment Needed:

18" immersion blender and 5 gallon container

1 yogurt

Add (3) 64 oz. bags of vanilla yogurt

2 milk

Add 1/2 gallon fat-free or 1% milk

TRY USING STRAWBERRY MILK!

3 Fruit and toppings

Add 3 lbs. frozen fruit

TIP: THAW FRUIT FOR 2 MINUTES PRIOR TO MIXING

Optional: Top with 2 oz. granola

Blend!

Yogurt Smoothies Help Grow Breakfast
Average Daily Participation (ADP)
by 13% on average