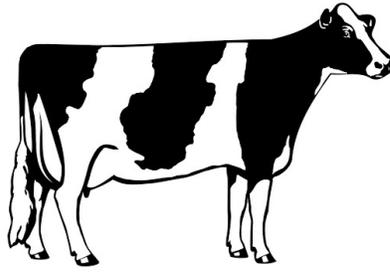


## Cows On A Dairy Farm

### First Grade



This is a picture of a cow. She lives with other cows on a dairy farm. All the cows on a dairy farm produce the milk we drink. Cow's milk is also used to make other foods like cheese and yogurt.

Cows are large animals. They eat a lot of hay and grain. They also drink a lot of water. Cows chew and swallow their food twice. The first time is after they eat. The second time is after they cough up some food called cud from their stomachs. People chew and swallow their food once.

Cows use the food they eat to help make milk. The milk is stored in the cow's udder. It comes out the teats when a cow is milked.

A cow is a mother. Her baby is called a calf. A girl calf is called a heifer. A boy calf is called a bull. All animal mothers make milk to feed their young.

Two is an important age for a dairy cow. She is an adult at the age of two. She starts her dairy job at the age of two. She has her first calf at the age of two. She starts making milk at the age of two.

Dairy cows are milked two or three times every day. Milking does not hurt the cow. The udder gets heavy and full. Milking helps the cow feel better.

It doesn't take long for milk to end up at the store. It would not be in the store without the dairy cow.

Adapted from Dairy Council of California

