



*Kicked-Up Queso*

TOTCHOS

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## MEAL PATTERN CONTRIBUTION

- 2 M/MA
- 1 cup vegetables (starchy)
- ¼ cup vegetables (red/orange)

## YIELD

- 35 Servings

## PORTION

- 1 cup tater tots
- 1 ¼ oz. shredded beef
- 2 ¼ oz. queso
- ¼ cup pico

## INGREDIENTS

- LAND O LAKES® Ultimate Cheddar™ Cheese Sauce pouch (80 oz.)
- Fresh jalapeno, minced (½ cup)
- Fresh red bell pepper, minced (3 tbsp.)
- Hot pepper sauce (2 tsp.)
- Ground cayenne (1 tsp.)
- Fully cooked shredded beef (2 lbs. 12 oz.)
- Cumin (½ tsp)
- Garlic powder (½ tsp)
- Prepared tater tots (35 cups)
- Fresh Pico (6 ¼ cups)

## PREPARATION

1. Combine cheese sauce, jalapeno, red bell pepper, hot sauce, cayenne in half steam table pan. Cover.
2. Heat on full steam until product reaches 165 °F for 15 seconds. (CCP)
3. Season prepared shredded beef with cumin and garlic powder, place in half steam table pan.
4. Heat on full steam until product reaches 165 °F for 15 seconds. Hold warm. (CCP)
5. To serve, place 1 cup tater tots in bowl. Top with 1 ¼ oz. shredded beef, 2 ¼ oz. queso, and ¼ cup pico.

## Nutrients Per Serving

Calories: 310 kcal   Carbs: 29 g   Sat Fat: 6 g   Vitamin A: 532 IU   Iron: 1.28 mg   Sodium: 840 mg  
Protein: 13.5 g   Total Fat: 14.5 g   Cholesterol: 42 mg   Vitamin C: 7 mg   Calcium: 230 mg   Dietary Fibers: 3 g